#### Half Pay Summer Junior Tennis Camp

Monday to Friday 12 pm - 4 pm Price per week \$290

Any following week

\$275

**Daily** 

\$75

#### Rain Policy\*

In the event of rain, campers will be called, and camp will be cancelled that day.

All campers will be issued a "Rain Check" which can be used to make up for the rained-out camp day on any other day of camp for the duration of the summer season. You are required to provide 24-hour notice if you will be using your "Rain Check" for our preparatory purposes.



#### BANBURY TENNIS CLUB 416-443-0941

Please make cheques payable to Lionel Eli

\* Rain Policy

#### Rained or missed camp days may be made-up during other camp weeks with prior arrangements. No refunds or credits are given for camp days that are rained out or missed.

### Fitness and Fun!



## One Coach to 6 Kids

This camp provides a developmental tennis program that progresses through different types of balls, each tailored to the skill level of the participants.

**Step 1: Red Balls** - Designed for beginners to develop basic skills and coordination.

**Step 2: Orange Balls** - Introduced to help players improve their technique and footwork.

Step 3: Green Dot Balls -Used to transition players

to a faster pace while maintaining control.

Final Step: Yellow Balls (Regular Balls) - Standard tennis

balls are used once your child is ready for full-court play and higher levels of competition.

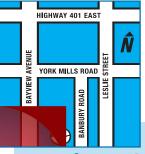
#### **Daily Schedule**

**11:45** Drop Off

12:00-12:30 Warm Up/Coordination Drills/Balance Drills
12:30 - 2:00 Tennis developmental Drills
2:00 - 2:30 Lunch/Snack

2:30 - 4:00 Tennis Developmental Drills/Games 4:00 Pick Up/Take home assignment

#### 120 Banbury Rd, Don Mills





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# 2025 SUMMER TENNIS CAMP Banbury Tennis Club

- Weekly Written Evaluation
  - Skills Tournament
- Daily Freezes or Popsicles

Visit our website to see the schedule:

BanburyTennisClub.net 416-443-0941

**Early Drop-Off Available** 

There will be no make-up classes or refunds if you cancel.

*These weeks will begin from Tuesday to Friday, 11-4 pm			Allergies
□ 18 - 22		Emergency Contact	Emergenc
2025 11-15	nail	E-mail	Phone
] [ n   i e e	Postal Code	Province	City
□ 14 - 18 □ 28 - 1 □ 21 - 25			Address
2025 🗆 7 - 11		☐ Beginner ☐ Intermediate	
JUNE/JULY   30 - 4*	e	☐ Male ☐ Female Age	
Please indicate the weeks your child will be attending camp			Name

Beginner or Intermediate

Price \$290 Please make cheques payable to LIONEL ELI Mail to: Banbury Tennis Club, Don Mills, Ontario M3B 2L3 120 Banbury Road,

# $\overline{oldsymbol{\omega}}$ 12pm to 4pm

**Banbury Tennis Camp is** committed to developing **Junior Tennis Players** 



We offer premier training in exercises such as balance, agility, speed, coordination, and endurance. We also combine methods from multiple sports in order to ensure that our campers are firing on all cylinders when they hit the tennis courts or any other sport they pursue.

We believe in creating a solid athletic foundation that allows our campers to be more than just great tennis players. This also includes introducing a lot of information that they can take home with them such as nutrition, general fitness tips, stretching techniques and more.

#### **Prioritized Balance**

Static Balance: The ability to hold a stationary position with controls

**Dynamic Balance:** The ability to hold the body in equilibrium while participating in movement.

Strengthen the Core: A strong core provides greater body stability and benefits balance.

# Tennis Camp Juniors

**HALF DAY** 

Visit our website BanburyTennisClub.net

Fun Summer Camp for Kids of all ages plus baseball, basketball and soccer! Ages 4-14

#### **BANBURY TENNIS CLUB** 416-443-0941

**120 Banbury Road, Don Mills Ontario M3B 2L3**